

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 May 2025				1 9:30 Chair Yoga (L) 10:00 Bible Study (O) 11:00 Water Paint (MC) 2:00 Bingo (O) 3:00 Movie Time (E) May Day	2 9:30 Stretch & Stroll (L) 10:00 Ring Toss (MC) 11:00 Painting (O) 2:00 Wine, Cheese & Crackers W/ Music (O) 3:00 Drawing (MC)	3 9:30 Music & Movement (L) 10:00 Board Games (O) 11:00 Card Games (MC) 2:00 Classic TV Hour (O) 3:00 Balloon Toss (MC)
4 9:30 Devotional Hour (AF) 10:00 Reminiscing (O) 11:00 Sunday Sing-Along (MC) 2:00 Puzzle Time (MC) 3:00 Checkers (G)	5 9:30 Zumba Gold (L) 10:00 History Trivia (O) 11:00 Craft Corner (MC) 2:00 Story Telling Corner (O) 3:00 Banana Split (AF) Cinco de Mayo	6 9:30 Walking Club (AF) 10:00 Balloon Toss (MC) 11:00 Bingo (O) 2:00 Painting W/ Sponges (MC) 3:00 One on One (AF)	7 9:30 Chair Aerobics (L) 10:00 Photo Shoot (AF) 11:00 Art Therapy (MC) 2:00 Card Games (AF) 3:00 Ice Cream Social (AF)	8 9:30 Morning Stretches (L) 10:00 Word Games (O) 11:00 Mothers Day Tea Party/ Brunch (G) 2:00 Game Time (AF) 3:00 One on One (AF)	9 9:30 Light Weights (L) 10:00 Poetry Reading (O) 11:00 Gardening (MC) 2:00 Wine, Cheese & Crackers W/ Live Music (O) 3:00 Movie Night (E)	10 9:30 Music & Movement (L) 10:00 Spring Trivia (O) 11:00 Coloring (MC) 2:00 Movie Matinee 3:00 Popcorn & Chat
11 9:30 Guided Stretching (L) 10:00 Reminiscence (O) 12:00 Mothers Day Lunch (AF) 2:00 Board Games (MC) Mother's Day National Skilled Nursing Care Week	12 9:30 Seated Stretch (L) 10:00 Reading Club (O) 11:00 Painting (MC) 2:00 Relaxing Nature Sounds (MC) 3:00 Banana Split (AF)	13 9:30 Walking Club (AF) 10:00 Make Paper Butterflies (AF) 11:00 Parachute Play (MC) 2:00 Board Games (AF) 3:00 One on One (AF)	14 9:30 Seated Yoga (L) 10:00 Baking Group (O) 11:00 Art & Sip (O) 2:00 Comedy Hour (MC) 3:00 Ice Cream Social (AF)	15 9:30 Resistance Bands (L) 10:00 Current Events (AF) 11:00 Garden Crafts (AF) 2:00 Parachute Fun (MC) 3:00 One on One (AF)	16 9:30 Walking Group (AF) 10:00 Picture Matching (MC) 11:00 Board Games (AF) 2:00 Wine, Cheese & Crackers W/ Music (O) 3:00 Story Corner (AF)	17 9:30 Seated Yoga (L) 10:00 Coloring (MC) 11:00 Board Games (AF) 2:00 Group Art (AF) 3:00 Drum Circle (AF) Armed Forces Day
18 9:30 AM Stretches (AF) 10:00 Spiritual Reflections (AF) 11:00 Dance to Music (O) 2:00 Chess (AF) 3:00 Coloring (AF)	19 9:30 Strength Training (L) 10:00 Seated Ball Toss (MC) 11:00 Puzzle Time (MC) 2:00 Sing-Along 60's (AF) 3:00 Banana Split (AF) Victoria Day (Canada)	20 9:30 Walking Club (AF) 10:00 Card Games (AF) 11:00 Music Trivia (O) 2:00 Painting (MC) 3:00 One on One (AF)	21 9:30 Chair Dancing (L) 10:00 Board Games (AF) 11:00 Make Beaded Bracelets (AF) 2:00 Bingo (O) 3:00 Ice Cream Social (AF)	22 9:30 Morning Meditation (L) 10:00 Reading Corner (L) 11:00 Karaoke (O) 2:00 Ring Toss (MC) 3:00 One on One (AF)	23 9:30 Walking Group (AF) 10:00 Balloon Toss (MC) 11:00 Arts & Crafts (MC) 2:00 Wine, Cheese & Crackers W/ Music (O) 3:00 Movie Time (E)	24 9:30 Balance Class (L) 10:00 Word Puzzles (AF) 11:00 History Trivia (AF) 2:00 Relaxing Music (AF) 3:00 Puzzle Time (MC)
25 9:30 Wake Up Stretches (AF) 10:00 Morning Devotional (AF) 11:00 Arts & Crafts (AF) 2:00 Uno (AF) 3:00 Movie Time (MC)	26 9:30 Light Weights (L) 10:00 Word Games (O) 11:00 Painting (MC) 2:00 Parachute Play (MC) 3:00 Banana Split (AF) Memorial Day	27 9:30 Walking Club (AF) 10:00 Craft Time (O) 11:00 Reading Corner (L) 2:00 Puzzle Hour (AF) 3:00 One on One (AF)	28 9:30 Seated Yoga (L) 10:00 Word Search Contest (O) 11:00 Arts & Crafts (MC) 2:00 Birthday Party (AF) 3:00 Ice Cream Social (AF)	29 9:30 Zumba Gold (L) 10:00 Trivia Challenge (O) 11:00 Coloring Club (MC) 2:00 Board Games (AF) 3:00 One on One (AF)	30 9:30 Walking Group (AF) 10:00 Watercolor (MC) 11:00 Games (MC) 2:00 Wine, Cheese & Crackers W/ Music (O) 3:00 Story Time (AF)	31 9:30 Move & Groove (L) 10:00 You Be The Judge (O) 11:00 Bowling (MC) 2:00 Trivia Games (AF) 3:00 Bean Bag Toss (MC)