October 2026

Parkside Assisted Living & Memory Care
2595 Harbor Blvd.
Pt. Charlotte, FL 33952
Parksidemc.com
Assisted Living License #13075

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 **10:00** Exercise Ball (O) **10:30** Daily Chronicle (A) **10:45** NeuroBix (OA) **11:15** Music & Movement (MC2) **11:45** NeuroBix (B) **1:15** Idle & Peace (M2/3) **1:30** Movie Matinee (G) **2:00** Art Viewing (O) **2:00** Hydration Rounds (A) **2:45** Pair Up Game (M2/3) **3:30** Surpass Story & Recipe Collection Kick-Off (A) **6:00** Evening Patio Chit Chat (AO&W(A) **6:15** Sound Meditation (A) **6:45** Parkside Puzzler (M2/3)	2 **10:00** Smiles & Stretches (W) **10:30** Daily Chronicle (A) **10:45** NeuroBix (OA) **11:15** Sit & Be Fit (MC3) **11:45** NeuroBix (MC3) **1:15** Harvest and Gratitude Theme Week Kick-Off (OAF) **1:15** Idle & Peace (M2/3) **2:00** Hydration Rounds (A) **2:15** Picture Bingo (M2/3) **3:30** Ice Cream Social (O) **6:00** Evening Patio Chit Chat (AO&W(A) **6:15** Sound Meditation (A) **6:45** Short Story (M2/3)	3 **10:30** Daily Chronicle (A) **11:30** 1:1 / Room Visits (M2/3) **1:15** Idle & Peace (M2/3) **1:15** Peruse “The Monthly Gazette" ((IA)) **1:30** Puzzle Mania (AO&W(A) **2:00** Hydration Rounds (A) **2:15** Colorama Club (M2/3) **3:00** Brain Fitness Worksheets (TOWER) (AO&W(A) **6:00** Evening Patio Chit Chat (AO&W(A) **6:15** Sound Meditation (A) **7:00** Lawrence Welk Show CH. 5 (TV) (PBS) (A)
4 **10:00** Second Cup Social (AO&W(A) **10:30** Catholic Mass CH. 7 (TV) (A) **10:30** Daily Chronicle (A) **1:00** Peruse “The Parkside Sol” (A) **1:15** Idle & Peace (M2/3) **2:00** Hydration Rounds (A) **2:00** Movie Matinee (G) **6:00** Evening Patio Chit Chat (AO&W(A) **6:15** Sound Meditation (A) **6:45** Tic Tac Toe (M2/3)	5 **9:30** Catholic Communion (OA) **10:00** Muscle Hustle (OA) **10:30** Daily Chronicle (A) **10:45** NeuroBix (OA) **11:15** Golden Grooves (P) **11:45** NeuroBix (MC3) **1:15** Idle & Peace (M2/3) **1:15** Walking Club (AL) **2:00** Hydration Rounds (A) **2:30** Sports Talk **3:15** Pretty Nails - Appt. Only (O) **6:00** Evening Patio Chit Chat (AO&W(A) **6:15** Sound Meditation (A) **6:45** Parkside Puzzler (M2/3)	6 **9:30** Energizing Exercise (O) **10:00** Daily Chronicle (A) **10:15** NeuroBix (OA) **10:30** Music & Movement (M) **11:00** NeuroBix (M) **1:15** Bingo w/ Jean (O) **1:15** Idle & Peace (M2/3) **2:00** Hydration Rounds (A) **3:30** Creative Corner (O) **3:45** Aqua Paint (M2/3) **6:00** Evening Patio Chit Chat (AO&W(A) **6:15** Sound Meditation (A) **7:15** TableTalk Tidbits (M2/3)	7 **10:00** Sit & Be Fit (O) **10:30** Daily Chronicle (A) **10:45** NeuroBix (OA) **11:15** Stretch & Sing (MC3) **11:45** NeuroBix (MC3) **1:15** Idle & Peace (M2/3) **1:30** Harvest Market Price Challenge (OAF) **2:00** Hydration Rounds (A) **2:15** Seashell Sorting (MC2) **3:00** Happy Hour Live Entertainment (O) **6:00** Evening Patio Chit Chat (AO&W(A) **6:15** Sound Meditation (A) **6:45** Match Cards (M2/3)	8 **9:30** Exercise Ball (O) **10:00** Daily Chronicle (A) **10:15** NeuroBix (OA) **10:30** Music & Movement (MC2) **11:00** NeuroBix (B) **1:15** Idle & Peace (M2/3) **1:30** Movie Matinee (G) **2:00** Art Viewing (O) **2:00** Hydration Rounds (A) **2:00** Musical Ball Toss **3:30** Name & Sing That Tune (O) **6:00** Evening Patio Chit Chat (AO&W(A) **6:15** Sound Meditation (A) **6:45** Parkside Puzzler (M2/3)	9 **10:00** Smiles & Stretches (W) **10:30** Daily Chronicle (A) **10:45** NeuroBix (OA) **11:15** Sit & Be Fit (MC3) **11:45** NeuroBix (MC3) **1:15** Idle & Peace (M2/3) **2:00** Hydration Rounds (A) **2:00** LCR Game **2:15** Name That Tool (MC3) **3:30** Ice Cream Social (O) **6:00** Evening Patio Chit Chat (AO&W(A) **6:15** Sound Meditation (A) **6:45** Short Story (M2/3)	10 **10:30** Daily Chronicle (A) **11:30** 1:1 / Room Visits (M2/3) **1:15** Idle & Peace (M2/3) **1:30** Puzzle Mania (AO&W(A) **2:00** Hydration Rounds (A) **2:15** Colorama Club (M2/3) **3:00** Brain Fitness Worksheets (TOWER) (AO&W(A) **6:00** Evening Patio Chit Chat (AO&W(A) **6:15** Sound Meditation (A) **7:00** Lawrence Welk Show CH. 5 (TV) (PBS) (A)

Happy Birthday!

Nancy S. Oct. 15th
Carol D. Oct. 19th
Terry W. Oct. 21st
Michael C. Oct. 30th

Location Key

(O) Oak (A) All Floors
(W) Walnut (*) CP Led Activity
(G) Groves (IA) Independent Activity
(L) Lobby ♪ = Music Entertainment
(M) Memory Care 2 / 3

Health Care Food Servers Week Oct. 4th - 10th
Columbus Day Oct. 12th
Indigenous Peoples' Say Oct. 12th
Halloween Oct. 31st

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11 **10:00** Second Cup Social (AO&W(A) **10:30** Catholic Mass CH. 7 (TV) (A) **10:30** Daily Chronicle (A) **1:15** Idle & Peace (M2/3) **1:30** Checkers (O) **2:00** Hydration Rounds (A) **2:00** Movie Matinee (G) **6:00** Evening Patio Chit Chat (AO&W(A) **6:15** Sound Meditation (A) **6:45** Tic Tac Toe (M2/3)	**12** Indigenous Peoples' Day **9:30** Catholic Communion (OA) **10:00** Muscle Hustle (OA) **10:30** Daily Chronicle (A) **10:45** NeuroBix (OA) **11:15** Golden Grooves (P) **11:45** NeuroBix (MC3) **1:15** Idle & Peace (M2/3) **1:30** Documentary Discovery (G) **2:00** Hydration Rounds (A) **3:00** Pretty Nails (W) **6:00** Evening Patio Chit Chat (AO&W(A) **6:15** Sound Meditation (A) **6:45** Parkside Puzzler (M2/3)	**13** **10:00** Energizing Exercise (O) **10:30** Daily Chronicle (A) **10:45** NeuroBix (OA) **11:15** Music Moves (M) **11:45** NeuroBix (M) **1:15** Idle & Peace (M2/3) **1:30** Pretty Nails (MC2) **2:00** Hydration Rounds (A) **2:15** Creative Paint (MC3) **3:00** The History Of M&Ms / National M&M Day (O) **6:00** Evening Patio Chit Chat (AO&W(A) **6:15** Sound Meditation (A) **7:15** TableTalk Tidbits (M2/3)	**14** **10:00** Sit & Be Fit (O) **10:30** Daily Chronicle (A) **10:45** NeuroBix (OA) **11:15** Stretch & Sing (MC3) **11:45** NeuroBix (MC3) **1:15** Bingo w/ Jean (O) **1:15** Idle & Peace (M2/3) **2:00** Fall Picture Creation (M2/3) **2:00** Hydration Rounds (A) **3:00** Happy Hour Live Entertainment (O) **6:00** Evening Patio Chit Chat (AO&W(A) **6:15** Sound Meditation (A) **6:45** Match Cards (M2/3)	**15** **10:00** Exercise Ball (O) **10:30** Daily Chronicle (A) **10:45** NeuroBix (OA) **11:15** Move & Groove (B) **11:45** NeuroBix (B) **1:15** Idle & Peace (M2/3) **1:30** Movie Matinee (G) **2:00** Art Viewing (O) **2:00** Hydration Rounds (A) **2:15** Parachute Fun (M2/3) **3:30** Cornhole ((IA)) **6:00** Evening Patio Chit Chat (AO&W(A) **6:15** Sound Meditation (A) **6:45** Parkside Puzzler (M2/3)	**16** **10:00** Harvest Wheel of Fortune (O) **10:30** Daily Chronicle (A) **10:45** NeuroBix (OA) **11:15** Noodle Ball (MC2) **11:45** NeuroBix (MC3) **1:15** Idle & Peace (M2/3) **1:30** Kitchen Magicians: Apple Pie Parfaits **2:00** Hydration Rounds (A) **2:15** Basketball Hoops (MC3) **3:30** Ice Cream Social (O) **6:00** Evening Patio Chit Chat (AO&W(A) **6:15** Sound Meditation (A) **6:45** Short Story (M2/3)	**17** **10:30** Daily Chronicle (A) **11:30** 1:1 / Room Visits (M2/3) **1:15** Idle & Peace (M2/3) **1:30** Puzzle Mania (AO&W(A) **2:00** Hydration Rounds (A) **2:15** Colorama Club (M2/3) **3:00** Brain Fitness Worksheets (TOWER) (AO&W(A) **6:00** Evening Patio Chit Chat (AO&W(A) **6:15** Sound Meditation (A) **7:00** Lawrence Welk Show CH. 5 (TV) (PBS) (A)
18 **10:00** Second Cup Social (AO&W(A) **10:30** Catholic Mass CH. 7 (TV) (A) **10:30** Daily Chronicle (A) **1:15** Idle & Peace (M2/3) **1:30** UNO Card Game ((IA)) **2:00** Hydration Rounds (A) **2:00** Movie Matinee (G) **6:00** Evening Patio Chit Chat (AO&W(A) **6:15** Sound Meditation (A) **6:45** Tic Tac Toe (M2/3)	**19** **9:30** Catholic Communion (OA) **10:00** Muscle Hustle (OA) **10:30** Daily Chronicle (A) **10:45** NeuroBix (OA) **11:15** Golden Grooves (P) **11:45** NeuroBix (MC3) **1:15** Idle & Peace (M2/3) **1:30** Bible Study w/ Luanne **2:00** Hydration Rounds (A) **3:30** Pretty Nails (W) **6:00** Evening Patio Chit Chat (AO&W(A) **6:15** Sound Meditation (A) **6:45** Parkside Puzzler (M2/3)	**20** **9:30** Energizing Exercise (O) **10:00** Daily Chronicle (A) **10:15** NeuroBix (OA) **10:30** Music & Movement (MC2) **11:00** NeuroBix (M) **1:00** Bingo w/ Jean (O) **1:00** Pawsitive Pet Therapy (A) **1:15** Idle & Peace (M2/3) **2:00** Hydration Rounds (A) **2:15** Picture Bingo (M2/3) **3:00** Gratitude Pictionary (O) **6:00** Evening Patio Chit Chat (AO&W(A) **6:15** Sound Meditation (A) **7:15** TableTalk Tidbits (M2/3)	**21** **10:00** Sit & Be Fit (O) **10:30** Daily Chronicle (A) **10:45** NeuroBix (OA) **11:00** Stretch & Sing (MC3) **11:15** NeuroBix (MC3) **1:15** Idle & Peace (M2/3) **2:00** Chef Culinary: Cornbread & Flavored Butter: A Harvest Taste-Off **2:00** Hydration Rounds (A) **2:15** Puzzle Fun **3:00** Happy Hour Live Entertainment (O) **6:00** Evening Patio Chit Chat (AO&W(A) **6:15** Sound Meditation (A) **6:45** Match Cards (M2/3)	**22** **10:00** Exercise Ball (O) **10:30** Daily Chronicle (A) **10:45** NeuroBix (OA) **11:00** Move & Groove (MC3) **11:30** NeuroBix (B) **1:15** Idle & Peace (M2/3) **1:30** Movie Matinee (G) **2:00** Art Viewing (O) **2:00** Hydration Rounds (A) **2:15** Musical Ball Toss (M2/3) **3:00** Men's Rootbeer Patio Social (W) **6:00** Evening Patio Chit Chat (AO&W(A) **6:15** Sound Meditation (A) **6:45** Parkside Puzzler (M2/3)	**23** **10:00** Smiles & Stretches (W) **10:30** Daily Chronicle (A) **10:45** NeuroBix (OA) **11:15** Sit & Be Fit (MC2) **11:45** NeuroBix (MC3) **1:15** Idle & Peace (M2/3) **1:30** Harvest Basket Relay **2:00** Hydration Rounds (A) **2:45** Ice Cream & Chill (M2/3) **3:30** Ice Cream Social (O) **6:00** Evening Patio Chit Chat (AO&W(A) **6:15** Sound Meditation (A) **6:45** Short Story (M2/3)	**24** **10:30** Daily Chronicle (A) **11:30** 1:1 / Room Visits (M2/3) **1:15** Idle & Peace (M2/3) **1:30** Puzzle Mania (AO&W(A) **2:00** Hydration Rounds (A) **2:15** Colorama Club (M2/3) **3:00** Brain Fitness Worksheets (TOWER) (AO&W(A) **6:00** Evening Patio Chit Chat (AO&W(A) **6:15** Sound Meditation (A) **7:00** Lawrence Welk Show CH. 5 (TV) (PBS) (A)
25 **10:00** Second Cup Social (AO&W(A) **10:30** Catholic Mass CH. 7 (TV) (A) **10:30** Daily Chronicle (A) **1:15** Idle & Peace (M2/3) **1:30** Scrabble ((IA)) **2:00** Hydration Rounds (A) **2:00** Movie Matinee (G) **6:00** Evening Patio Chit Chat (AO&W(A) **6:15** Sound Meditation (A) **6:45** Tic Tac Toe (M2/3)	**26** **9:30** Catholic Communion (OA) **10:00** Muscle Hustle (OA) **10:30** Daily Chronicle (A) **10:45** NeuroBix (OA) **11:15** Golden Grooves (P) **11:45** NeuroBix (MC3) **1:15** Idle & Peace (M2/3) **1:30** Who Am I Picture Game? (MC3) **2:00** Hydration Rounds (A) **3:15** Air Hockey-Open Play ((IA)) **6:00** Evening Patio Chit Chat (AO&W(A) **6:15** Sound Meditation (A) **6:45** Parkside Puzzler (M2/3)	**27** **10:00** Energizing Exercise (O) **10:30** Daily Chronicle (A) **10:45** NeuroBix (OA) **11:00** Music Moves (M) **11:30** NeuroBix (M) **1:15** Idle & Peace (M2/3) **1:30** Bingo w/ Jean (O) **2:00** Hydration Rounds (A) **2:30** Tic Tac Toe (M2/3) **3:30** Prepare Trick / Treat Bags For Children (O) **6:00** Evening Patio Chit Chat (AO&W(A) **6:15** Sound Meditation (A) **7:15** TableTalk Tidbits (M2/3)	**28** **10:45** Daily Chronicle (A) **10:45** Resident Council (G) **11:15** Stretch & Sing (MC2) **11:45** NeuroBix (MC3) **1:15** Idle & Peace (M2/3) **1:30** Movie Matinee (G) **2:00** Hydration Rounds (A) **2:00** Musical Instruments - Jam Session (M2/3) **3:30** October Birthdays - Ice Cream Social (O) **6:00** Evening Patio Chit Chat (AO&W(A) **6:15** Sound Meditation (A) **6:45** Match Cards (M2/3)	**29** **10:00** Exercise Ball (O) **10:30** Daily Chronicle (A) **10:45** NeuroBix (OA) **11:15** Move & Groove (B) **11:45** NeuroBix (B) **1:15** Idle & Peace (M2/3) **1:30** Bake Club w/ Angela (O) **2:00** Hydration Rounds (A) **2:15** Magazine Social (M2/3) **3:30** Wii Bowling (O) **6:00** Evening Patio Chit Chat (AO&W(A) **6:15** Sound Meditation (A) **6:45** Parkside Puzzler (M2/3)	**30** **10:00** St. Borromeo Catholic Trick Or Treat Visit (O) **10:45** Daily Chronicle (A) **11:15** Sit & Be Fit (MC3) **11:45** NeuroBix (MC3) **1:15** Idle & Peace (M2/3) **1:30** Music Vibes & Colorama Club ((IA)) **2:00** Hydration Rounds (A) **3:00** Parkside Boo Bash (O) **6:00** Evening Patio Chit Chat (AO&W(A) **6:15** Sound Meditation (A) **6:45** Short Story (M2/3)	**31** Halloween **10:30** Daily Chronicle (A) **11:30** 1:1 / Room Visits (M2/3) **1:15** Idle & Peace (M2/3) **1:30** Puzzle Mania (AO&W(A) **2:00** Hydration Rounds (A) **2:15** Colorama Club (M2/3) **3:00** Brain Fitness Worksheets (TOWER) (AO&W(A) **6:00** Evening Patio Chit Chat (AO&W(A) **6:15** Sound Meditation (A) **7:00** Lawrence Welk Show CH. 5 (TV) (PBS) (A)